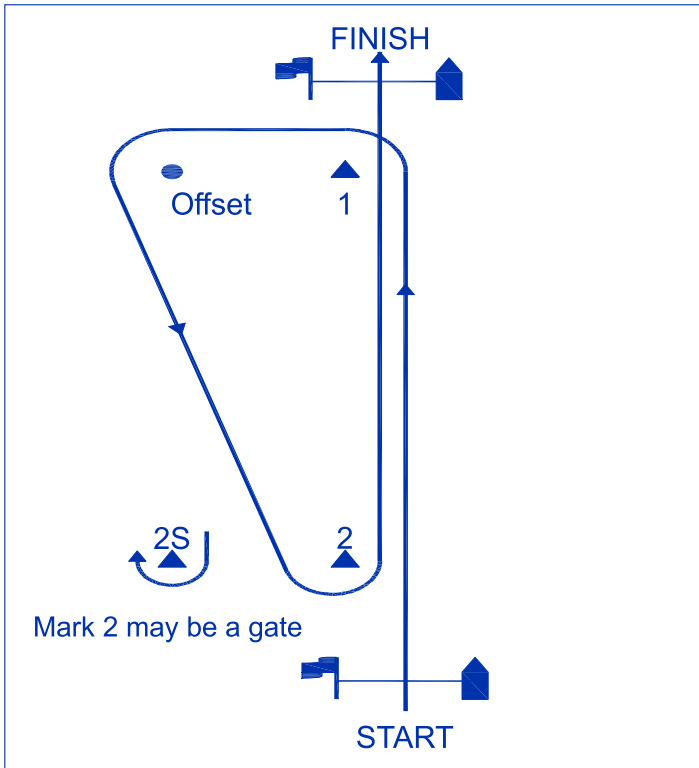


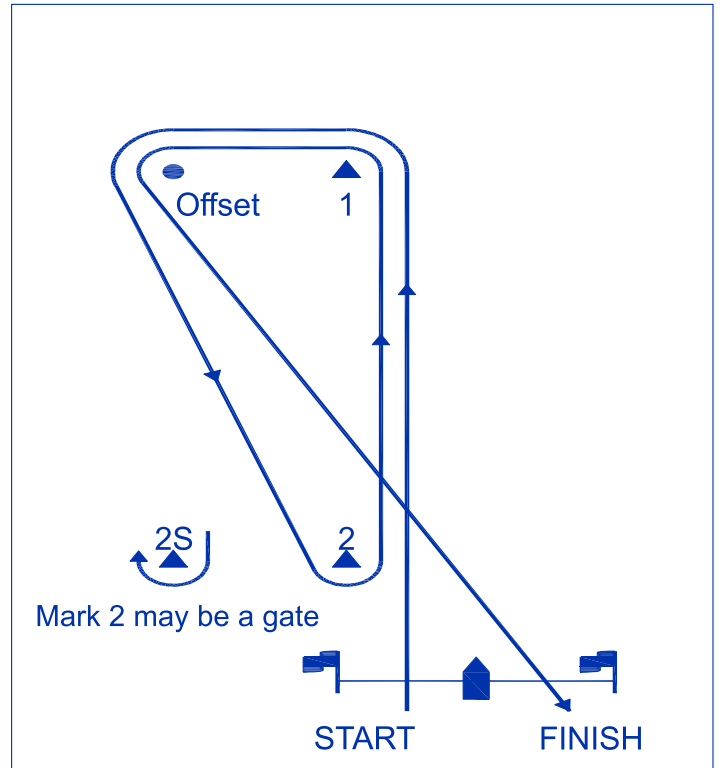
# Youngstown Level Regatta Sailing Instructions – Attachment B

## 2011 Level Regatta Appendix B

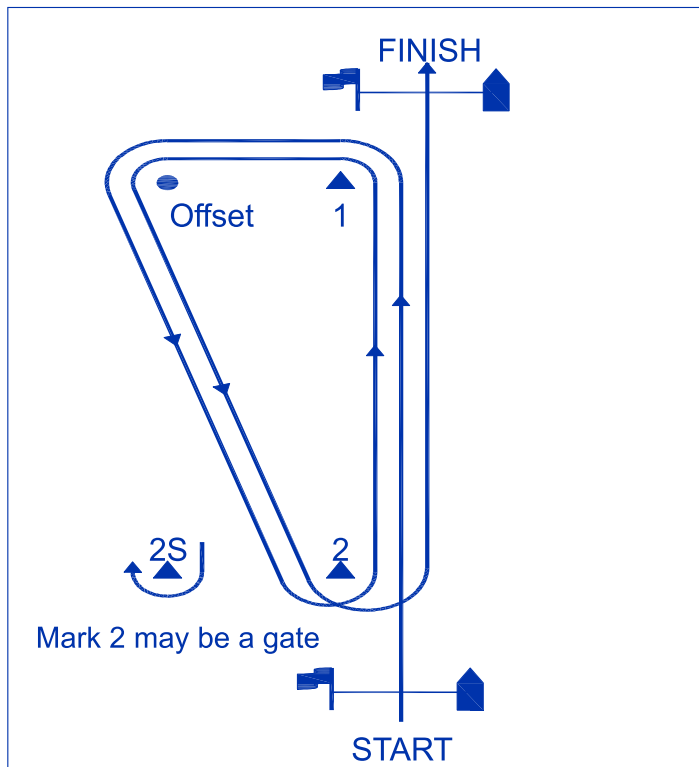
### Course #3: Three Legs -Upwind Finish



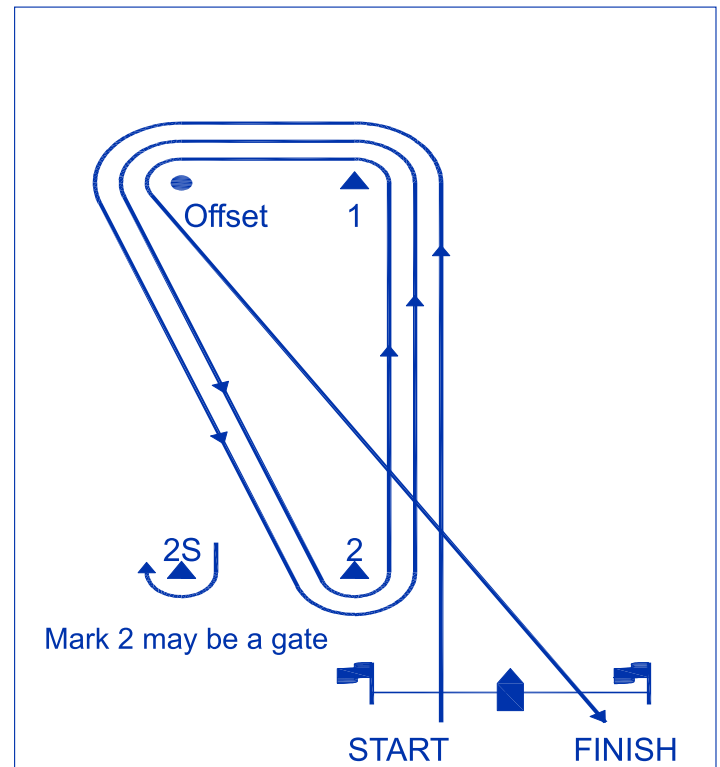
### Course #4: Four Legs - Downwind Finish



### Course #5: Five Legs - Upwind Finish



### Course #6: Six Legs – Downwind Finish



# LEVEL REGATTA EMERGENCIES

## ON THE WATER:



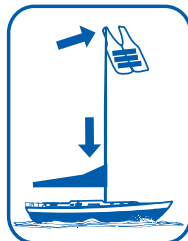
If a person is injured or has a medical emergency requiring immediate attention



Call "**Coast Guard Station Niagara**" on **VHF Channel 16**.



**Identify** which **race course** you are on and **state the nature of your emergency**. If you have GPS, give your longitude and latitude.



**Lower your sails** and proceed toward the Niagara River under power. **Hoist a life jacket into the rigging** to identify your boat to the coast guard. Follow any additional instructions from the Coast Guard.



Head to **Coast Guard Station** Niagara located at the mouth of the Niagara River (northeast corner)

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## ON-SHORE FIRST AID:

To Contact Police:

**Emergencies Dial 911**

**Police: Dial 716-438-3393** (Niagara County Sheriff)

The **Information Tent** will have limited first aid supplies for minor incidents and will provide information on contacting the appropriate emergency service providers if needed.